



U15 Cornwall
Developing Player Programme (DPP)



Dear Player & Parent/Guardian,

I am pleased to open the enrolment process for the U15 (Year 10 September 2017) Cornwall Rugby Developing Players Programme (DPP). This is open to players of all abilities and it is for any players who wish to improve their core skills and game understanding in fun and challenging coaching sessions.

Players enrol on the programme by completing and returning the enclosed application & medical consent forms, along with the £40 fee for the year and return it to myself at the address in the footer below. All who register will be accepted. Cheques/PO are made payable to CRFU (Cornwall RFU).

Players can choose to attend one of our four regional satellite centres to receive their coaching for the entire season. These are based at Penwith College, Newquay Tretherras School, Penryn College and Callywith College in Bodmin. All the centres will follow an identical coaching and development programme, so select the centre that is geographically most suitable for you.

The dates of the sessions are enclosed overleaf and within the 2017-18 handbook.

The U15's will start with an open evening for parents, players and club/school coaches on Monday 18th September at Truro College, 7:30pm to 9pm.

Please return the application and medical consent form back to myself at the address in the footer below by Friday 15th September.

In the meantime if you have any questions please feel free to contact me on richsiveter@hotmail.com or to proceed please complete the enclosed application and medical consent forms.

Many Thanks,

Rich Siveter
Cornwall DPP Manager



**U15 Cornwall
Developing Player Programme (DPP)**



U15 Dates (Year 10 in September 2017):

U15 Parents Evening (Open to all inc players & club/school coaches)

Monday 18th September 7:30pm to 9pm at Truro College

U15 Internal Games Night (Open to all players)

Wednesday 27th September 6pm to 9pm venue TBC

(Open to all players)

**Bronze Satellite Sessions @ your selected venue
7pm to 8pm**

02/10/17 (session 1)

09/10/17 (session 2)

16/10/17 (session 3)

October Half Term (no training in half term)

06/11/17 (session 4)

20/11/17 (session 5)

04/12/17 (session 6)

18/12/17 (session 7)

Christmas Festival (Open to all players)

Thursday 21st December 1pm to 3pm at Truro College

(Open to all players)

**Bronze Satellite Sessions @ your selected venue
7pm to 8pm**

15/01/18 (session 8)

29/01/18 (session 9)

February Half Term (no training in half term)

19/02/18 (session 10)

05/03/18 (session 11)

19/03/18 (session 12)

Easter Festival (Open to all players)

Tuesday 3rd April 1pm to 3pm at Truro College



U15 Cornwall
Developing Player Programme (DPP)



APPLICATION FORM

PLAYER DETAILS

SURNAME:		FORENAME:	
DATE OF BIRTH:	SCHOOL:	CLUB:	

PLEASE CIRCLE YOUR SELECTED CENTRE TO TRAIN AT

NEWQUAY	PENRYN	CALLYWITH	PENWITH
----------------	---------------	------------------	----------------

CONTACT DETAILS

HOME ADDRESS:	
HOME TEL:	
Parent/Guardian MOBILE:	
Parent/Guardian EMAIL:	

EMERGENCY CONTACT 1

NAME:	
Emergency contact 1 MOBILE:	

EMERGENCY CONTACT 2

NAME:	
Emergency contact 2 MOBILE:	



RICH SIVETER
PENWITH COLLEGE
PORTHURNO BUILDING
ST. CLARE STREET
PENZANCE, TR18 2SA

E-mail: richsiveter@hotmail.com
Tel: 07540 369300



**U15 Cornwall
Developing Player Programme (DPP)**



PARENTAL / GUARDIAN CONSENT

I consent to my son participating in rugby coaching, playing and development activities as part of the Developing Players Programme by RFU qualified coaches.

Strength and conditioning sessions may also take place where testing and development will play a regular part of the Developing Players Programme and I consent to my son's results being used for research purposes.

I consent to the use of photography and video footage to be taken of my son during the Developing Players Programme for the use of analysis and player development.

I authorise the staff of the Developing Players Programme to obtain emergency medical treatment (including anaesthetics) should it become necessary for my son.

I understand the extent and limitations of the standard RFU's insurance cover provided (details can be found via the RFU website or upon request).

Signed:

Date:



U15 Cornwall
Developing Player Programme (DPP)



MEDICAL INFORMATION

Player's Personal Details

Name:

Player's Doctor

Doctors Name:

Doctors Address:

Doctors Telephone:

Medical History

Medical conditions e.g. asthma, diabetes, viral illness, heart condition, recent surgery	Medication required?

Allergies e.g. shellfish, bee stings	Medication required?

Serious Injuries e.g. fractures, dislocations	Treatment?

Concussion History

Please list dates of all concussions in the last two seasons

1.	2.	3.	4.

(If more than 4, then medical consultation must occur before attending DPP sessions)



RICH SIVETER
 PENWITH COLLEGE
 PORTHCURNO BUILDING
 ST. CLARE STREET
 PENZANCE, TR18 2SA
E-mail: richsiveter@hotmail.com
Tel: 07540 369300



U15 Cornwall
Developing Player Programme (DPP)



Supplements					
Please list any supplements taken					
Make and type e.g. MaxiNutrition Promax			Amount and frequency taken		
Vaccinations					
Type	Yes / No	Date of last vaccination	Type	Yes / No	Date of last vaccination
Tetanus			Hepatitis A		
Diphtheria			Hepatitis B		
MMR			Meningitis (A+C)		
Polio			Yellow Fever		
BCG (TB)			Other		
Previous Screening Tests					
Test	Date of test		Result if known		
Cardiac					
Concussion					
Other					
Cardiac History – if no previous cardiac screening done					Yes / No
Is there any history in your family of one or more relatives with a disability or sudden/unexpected death from heart disease before the age of 50?					
Is there a family history of cardiomyopathy, coronary heart disease, Marfan syndrome, long QT syndrome, severe arrhythmias, or other disabling heart disease?					
Do you have a past history or currently suffer from any of the following symptoms: 1. Fainting or near fainting 2. Chest pain or chest discomfort on exertion 3. Shortness of breath or fatigue out of proportion to the degree of physical effort 4. Palpitations or irregular heart beat					1
					2
					3
					4
If the answer is yes to any of the above cardiac questions you must obtain clearance from your NHS GP to confirm that you are fit to undertake physical activity. These questions are used as a simple screen and do not necessarily mean that there is a problem, but do give an indication that requires possible follow up by a doctor.					
I hereby declare that the information given within this application is true and correct. I will undertake to inform the DPP Manager Richard Siveter of any changes to my son's medical details from the signed date below and the close of the programme as of 1st April 2018.					
Signed:					
 Date:					



RICH SIVETER
PENWITH COLLEGE
PORTHURNO BUILDING
ST. CLARE STREET
PENZANCE, TR18 2SA

E-mail: richsiveter@hotmail.com
Tel: 07540 369300